

BACK TO YOUR

# FUTURE

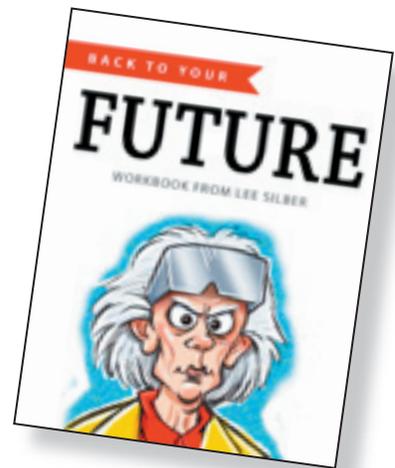
WORKBOOK FROM LEE SILBER



# IT'S HAPPENING

Think of this planner as a tool for time traveling to the future—your future. You decide what you want your life to be like in the years ahead. The future is going to happen no matter what, so make it the one you want.

*Going through this planner will take less time than it takes to watch a movie—and this is a script about you.*



*You're future is whatever you make it,  
so make it a great one.*

—DOC BROWN

# WHAT I WANT

Knowing what you want is the first step to getting it. Choose anything on this list that you want to be, do, or have.

- Be Happy
- Be Wealthy
- Be Healthy
- Help Others
- Get Ahead
- Travel More
- Family Time
- Save For Future
- Learn New Skill
- Get Organized
- Be Creative
- Start a Business
- Dress Better
- Make a Difference
- More Education
- Better at Job
- Be More Balanced
- Lose Weight
- Write a Book
- Drive Change
- Flexible Time
- Follow a Dream
- Friend Time
- New Habits
- Time For Me
- Fix Things
- Romance
- More Empathy
- Let Go
- More . . .

*My first goal was to be a millionaire. Then I wanted to be the richest black woman in America. —OPRAH WINFREY*

# STEP THREE



## WHICH IS IT?

Write down the things you want to do and see which ones are the best for you.

*After you write down all of your goals, one by one count how many of the items to the right your goal includes.*

_____	<input type="text"/>

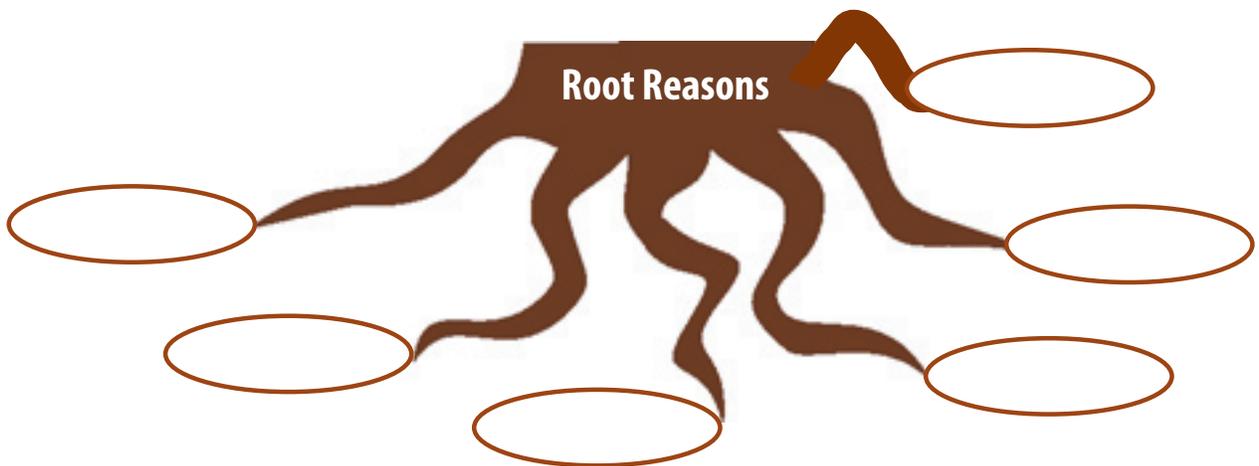
<p><b>Excellence</b> I'm very good at this and it makes me better.</p> 	<p><b>Future</b> This is good for my future.</p> 
<p><b>Experience</b> I will benefit from the experience.</p> 	<p><b>Goal</b> This is something I've wanted to do or I need to do.</p> 
<p><b>Grades</b> This helps me improve my grades.</p> 	<p><b>Smart</b> It's the smart thing and the right thing to do.</p> 
<p><b>Love</b> I love doing this and it makes me happy.</p> 	<p><b>Money</b> This has the potential to make or save me money.</p> 
<p><b>Key</b> This could be the key to my success.</p> 	<p><b>Difference</b> This make a difference in the world.</p> 
<p><b>Timing</b> This is the right time to do this.</p> 	<p><b>Important</b> It's important that I do this.</p> 

*If you want to live a happy life, ties it to a goal, not people or things. —EINSTEIN*

# WHY

Knowing *why* you want what you want is almost as important as *what* you want because it's what drives you.

*There is no wrong answer. This is just for you to recognize what you want out of what you want. Think of words that describe how you will feel, be treated, be seen as, and what you will be able to do when you reach your goals.*



*As far as I can tell, it's just about letting the universe know what you want and working toward it while letting go of how it may come to pass. —JIM CARREY*

## STEP FIVE

5

# WHO

It's okay to admire and be inspired by a person who has what you want since success leaves clues.



*Write in the name of the person you admire in the name badge, then research their success.*

1. *What do you have in common with this person?*

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2. *What did they do to get where they are?*

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3. *If they were you, what would they do now / next?*

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*I based Apple on the Beatles. They were my model for success. —STEVE JOBS*

## STEP SIX

6

# WHEN

Without a deadline, most people put things off. So use the timeline to set target dates for your goals.

By the time  
I'm \_\_\_\_\_ years old  
I will have ...  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*On the lines below write in things you want and plan to do in the future.*

THIS YEAR AGE

THIS YEAR AGE

NEXT YEAR AGE

NEXT YEAR AGE

2 YEARS AGE

*Success is not an accident, it's a choice. —STEPHEN CURRY*

# STEP SEVEN

7

## HOW

Write your goals in pen, but your plans in pencil—know where you're going, be flexible about how to get there.



*Planning your future is like playing The Game of Life.*

*Fill in the boxes with the steps you plan to take.*



*A lot of people don't have the amount of success I've been blessed to have, and it's all about working hard. —LUKE BRYAN*

# WHERE

Where do you see yourself in the future? This last step is for real go-getters who are clear about what they want.



1. *Using key words about what you want, grab matching images from Google Image Search and create a slideshow.*
2. *Write an article, blog post, or make a video about yourself as if you have already done everything you set out to do.*
3. *Create a mock-up of a business card, book cover, or website based on what you will accomplish in the future.*

*Give me a stock clerk with a goal, and I will give you someone who will do amazing things. Give me someone without goals, and I will give you a stock clerk. —JC PENNY*

# CONTACT

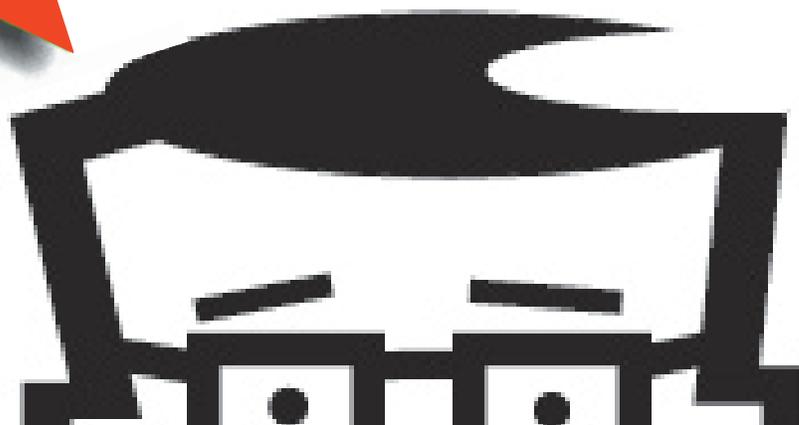
I want to hear from you, and I want to help.  
Feel free to contact me and request a  
complete goal planner.

leesilber@leesilber.com

**[www.leesilber.com](http://www.leesilber.com)**

858-735-4533

yes



# MY STORY

I was struggling in life. There's no other way to put it. One day, while I was in the library I came across a book titled, *The Winner's Edge*. I thought it was about sports, so I picked it up. It was actually about the power of goals. That book changed my life. This workbook can help you, too.



*Lee Silber is the award winning author of 25 books, and the founder of five companies. One of his former teachers recently told him, "Never has one of my students done so much, with so little." Goals work!*

*Give me a stock clerk with a goal, and I will give you someone who will do amazing things. Give me someone without goals, and I will give you a stock clerk. —JC PENNY*