

# A Monthly Newsletter on the **Brighter Side of Life**



## WHICH FORM OF PAY MAKES PEOPLE HAPPY?

- ✓ Paid by the Hour?
- ✓ Commission Only?
- ✓ Fixed Salary?

*\* Answer: A study found people paid by the hour were happiest.*

ISSUE TWO

INSIGHTS AND IDEAS TO IMPROVE YOUR MOOD

JUNE 2025



## It Matters

I'm walking more *and* noticing more trash. I always pick it up. It matters... to me.

*Do and change what you can to improve your own small world.*

DO THIS

Compliment someone (anyone) today.

DO THIS

Text or call someone you've been meaning to.

DO THIS

Organize, clean, or fix one small, simple thing.

**1** Darn it. Something went wrong. What should I do?

**2** Own it, apologize if you need to, and fix it if you can.

**3** Find the silver lining and turn a negative into a positive.

## THE RICHEST MAN IN BABYLON

Re-reading *The Richest Man in Babylon*, reminded me of something I found encouraging; learning and applying the laws of wealth is something we can all do.



## Regrets, I Have a Few

It turns out people who pass up a chance to do something regret it more than those who try and fail.

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- He is also a **coa**ch and **consu**ltant.
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*Lee Silber* is a professional speaker known for bringing topics to life with customization, humor, audience participation and interaction. Silber is also the author of 26 books, a writing and speaking coach, and book designer.

