



Only Brush The Teeth You Want to Keep

This one-page infographic is filled with motivational life tips—like the one above.

—Lee Silber

WISE WORDS

From a Motivational Speaker Who Lives in a... Home by the Beach.

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01

Compete Against Yourself

Comparing yourself to others is a losing proposition. Winners look to beat their *own* best efforts.

02

Pretend Someone is Watching You

Always do the right thing—even when nobody is watching. It simplifies your life leads to less stress and guilt.

03

You Do You

Embrace your uniqueness, natural tendencies, and what you want and like. Notice what you're doing when time flies.

04

It's Who You Know

Your network can influence your net worth. You attract key people by being helpful, likable, visible, and trustworthy.

05

Boring is Better

Routines, structure, discipline, and focus sound boring, but are strangely freeing. Take serious things seriously.

06

Learn to Sell

Selling yourself, your ideas, and your creations is a key skill made easier when it's less about you, and more about them.

07

No Excuses

You can't control outcomes. You can control effort. Going all in, giving 100%, and doing your best is how winning is done.

08

This Is The Secret Sauce

Only 1% of the population has written goals and a plan to achieve them. Be a one percenter.

09

Walk Your Talk

What do you want to be known for? Make sure you live your brand in everything you do and say.

10

Think Small

We can't change the world, we can change *our* world. Focus on small changes you can make in your own life—right now.

11

Be Your Own Best Friend

Who do you spend the most time with? The answer is yourself. Be kind to yourself—be your own best friend.

12

Focus

We can have anything in life we want, we just can't have everything. Focus on the best of everything—people, projects, paths.

LEE SILBER is a motivational speaker known as the facilitator of fun for his lively and interactive presentations. This infographic began as advice he planned to pass on to his two college-age sons. He quickly realized these tips applied to just about everyone at every age.